

NARDECCHIA NEUTER NEWS



A Non-profit,
Tax-deductible
501 (C) 3,
All Volunteer
Organization

Special events coming up in
2013

Mark your Calendars

*Fall Basket Party
Richland Fire Hall
September 29, 2013*

*Fall Luncheon
Sunnehanna
October 27, 2013*

Check out our participation at
local events on Page 6

THANK YOU PETCO FOUNDATION!!!



Follow us:
f t +



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San Diego, CA 92121
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petcofoundation@petco.com
petcofoundation.org

A **Big Thank You** goes out to the Petco Foundation for their generous \$1,200 grant that helped cover the cost for our 2nd Annual Funny Fundraiser held on May 10, 2013 at Ace's Lounge. By their generous grant and agreeing to be our 'All Tails Wagging' sponsor, we were able to raise \$3,138.00 from the event.

The funds raised by the Funny Fundraiser were used to help low income people get their pets spayed or neutered. We also helped fix strays. Fixing these animals prevented unwanted kittens and puppies from being born in this world where so many are put to sleep, wind up in shelters or thrown out leaving them to die.

The animals thank you, too!

SPOT LIGHT



on

Shirley Durbin

A Loyal Nardecchia Supporter

We wanted to share a lovely letter we received from a dedicated Nardecchia supporter. Thank you Shirley Durbin for making our day! This is validation that what we do really makes a difference. It reads as follows, in her words.

2 years ago a mother cat came on our property. She was crying; she was starving. After I fed her, and called my daughter (we both have cats, she has 3, me I have 2, all I am allowed because I go to Florida and we are only allowed 1 animal, they don't know about the other one, I think!) Since we couldn't keep her, I was going to take her to the humane society. That's when I noticed she was nursing. So we started looking for her kittens. We found them in the woods above my daughter's house. Then she moved them to a wood pile under our front deck. There were 8 kittens, all orange & yellow tabbies like their mother. I decided to try to get the mother a home. I knew my brother Bob got cats fixed and kept them on his property. He has about 20. He loves them all and takes care of them. He referred me to the Nardecchia Society.

They said if we trapped all the kittens & the mother they would take them.

We got them all in cages and a girl met us up at the Galleria in Johnstown. I gave her a donation and she took care of everything!

She called me to tell me about the mother cat. She got adopted at the vet where she was getting fixed!

They got all the kittens homes. They even called me to tell me that the last 2 kittens were at Petco in Johnstown.

What wonderful caring people you all are! God's Angels!

I am a regular contributor now, and I love you all!

Shirley – we love you too for your compassion and caring for the helpless cat and her kittens that you didn't turn your back on!

**Please note.... Although Nardecchia is not a rescue organization, this was a special case where someone (Shirley) was willing to go the extra mile to help these homeless animals.... Bravo Shirley!

“Like” us on FACEBOOK –

www.facebook.com/nardecchiaspayneuterfund

Enjoy a Safe Holiday Season with your Pet

Plants and Holiday Decorations

Although beautiful, the hazards of holiday decorations are numerous. Be a responsible pet owner and take certain precautions to prevent unnecessary holiday mishaps.

Many holiday plants are poisonous. Holly, mistletoe, poinsettias, many forms of lilies...these are just a few of the more common poisonous plants. Some plants may cause vomiting and diarrhea, while others can cause organ failure and death. Ask your veterinarian if you have specific questions, but a good rule of thumb, is keep pets away from all holiday plants or opt for imitation plants!

Although a holiday tree is not poisonous, it still poses a hazard. It is important to prevent your pet from chewing on a live or artificial tree as the needles are sharp and can irritate the mouth and digestive tract if eaten. The needles are also indigestible and could be painful for your pet to pass. If it is difficult to keep your pet away from the tree, place a pet barrier or child's playpen around the tree to prevent the ingestion of needles as well as your pet from drinking the tree water. Also avoid using any artificial snow sprays or scents on your tree.

Prevent ingestion of tree water. Use a tree skirt as well as the barricade discussed above to prevent access to this water. It often contains preservatives which are sugar based and very inviting to pets as well as other toxic chemicals (fertilizers, insecticides, and flame retardants) that were used on the tree.

Do not decorate the tree with food! Many a holiday tree has been pulled down in a pet's attempt to eat the decorations made of popcorn, candy canes and gingerbread. This can damage the tree and decorations, as well as cause your pet stomach upset and possibly obstruction, necessitating surgery.

- **Secure your holiday tree to the wall.** Or the ceiling...or be creative! In the event your pet does jump on the tree or tries to pull something off the tree, the tree will remain upright and not injure your pet by falling.
- **Avoid glass ornaments on the tree.** Pets will often play with ornaments and as glass breaks easily, severe cuts and injuries to the mouth, esophagus and paw pads may occur. If glass ornaments are a must, then place them high on the tree where your pet cannot reach them.
- **Keep holiday lights high on the tree.** Some lights can overheat and burn pets. Other inquisitive pets can pull the lights off the tree and become entangled in the wires. Chewing on wires can cause problems ranging from burned mouths to death by electrocution. Make sure to place ALL wires out of reach.
- **No tinsel or angel hair!** These items are particularly attractive to cats. When it is eaten, it can cause blockages which often require surgery to remove.
- **Decorate packages sparingly.** Although ribbons and string make your holiday packages look festive, they pose significant dangers to pets. These items can be ingested and cause intestinal obstruction which requires surgery to remove. Do not place ribbons or decorations around your pet's neck or on their collars. Although it may look great, they are at risk of choking or strangling.
- **Burn Hazards.** Keep candles and potpourri pots up high where your pet will not reach them. Cats often seek the heat and light from candles even up high, so avoid candles altogether in cat households.
- Travel associated with the holidays does not provide the sort of environment a new pet needs to succeed with a new family. If a new pet is part of the family plan, give a variety of pet toys or books on pet care.

The holidays are both a wonderful and a stressful time. The constant stream of visitors, parties and travelling can take a toll on both you and your pet. Make sure to spend quality time alone with your pet every day. This will allow you to observe your pet for any unusual behavior or symptoms, as well as to enjoy the tranquility the season can bring.

Happy Holidays!

THE SUMMER PICNIC TICKET WINNER WAS GEORGE GUMBERT JR. OF BERLIN

Officers:

*Jackie Williamson,
President*

*Lindsay Locher,
Vice President*

*Natalie Ramos,
Secretary*

*Ruth Luther,
Treasurer*

Call 814-535-2379

Email: info@nardecchia.org



CONGRATULATIONS GEORGE!

*Contact us for
information on how you
can help us help animals
by becoming a member!
Membership is only
\$10.00 a year.*

I Have Done Something

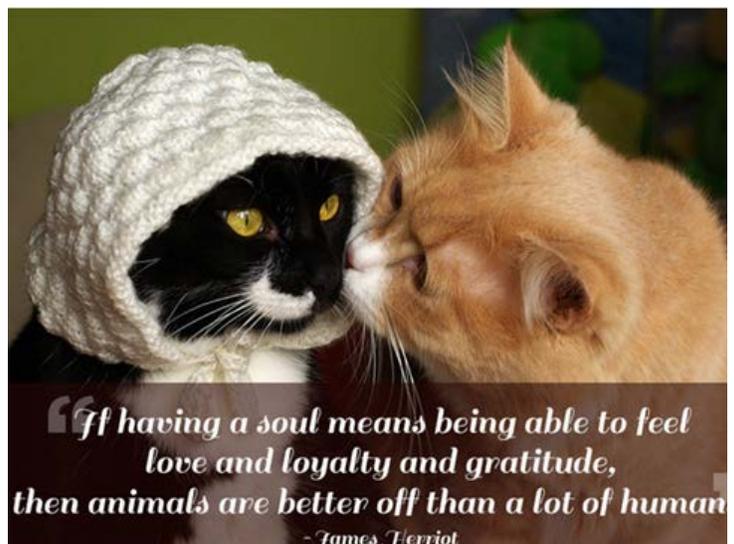
I looked at all the caged animals in the shelter...the cast-offs of human society.

I saw in their eyes love and hope, fear and dread, sadness, and betrayal. And I was angry.

"God," I said, "this is terrible! Why don't you do something?"

God was silent for a moment, and then He spoke softly, "I have done something," he replied. "I created you."

-- Author Unknown



"Saving the life of one animal may not change the world, but the world will surely change for that one animal!"

Avoid Treating Your Pet with Holiday Goodies Meant for Humans

Many holiday foods can be dangerous for your pet. No need to forego your favorite holiday goodies, just be careful what your pet is given...or tries to steal! Feed your pet a high quality [natural pet food](#) before any festivities. This excellent nutrition helps your pet feel more satiated and they are not as likely to beg or steal food from partygoers. As a safeguard, inform all friends and family that your pets are not to be fed any of the holiday fare. Special notes must be made about the following food hazards:

- **Avoid chocolate.** Especially dark or baking chocolate, but all chocolate should be avoided. There are toxins present in chocolate which can cause problems ranging from mild stomach upset to seizures and death. Keep all chocolate out of pet's reach.
- **Avoid alcohol.** Many pets are attracted to the sweet drinks made during the holiday, especially those containing eggnog. Clean up all glasses and don't leave bottles on the counter without tops. Pets can die after a single bout of alcohol consumption.
- **Avoid rich fatty foods.** These foods can cause your pet mild stomach irritation to a severe condition known as pancreatitis, which often requires hospitalization and can be fatal.
- **Uncooked dough.** Dough can expand and produce gas in the stomach which can cause bloat, severe pain and possible rupture of the digestive system. If you are leaving dough out to rise, keep your pet out of that room.
- **Fruits and nuts.** Avoid grapes, raisins, and macadamia nuts as they can cause problems ranging from digestive upset to organ failure and death.
- **Wrappers, aluminum foil, etc.** Pets have an excellent sense of smell and will sniff out wrappers or packages that contain traces of food. Wrappers are often unable to pass and will cause obstructions that require surgery to remove. Keep your countertops clean and take your trash out frequently (into a securely locked area).

What's better received by your canine friend than something edible? These teeny cinnamon bun biscuits are made with whole wheat flour and canola oil, which contains heart healthy mono and polyunsaturated fats as well as omega 3 fatty acids. They look as good as they taste; having been rolled into a log and sliced they resemble the real thing – even more so if you spread or drizzle them with cream cheese, thinned with a little water. Drizzling is easy if you put the sugar-free cream cheese “icing” in a zip-lock bag and snip off one corner to squeeze the mixture out.

Cinnamon Bun Bites

2 cups (500 mL) whole wheat flour
1 tsp. (5 mL) baking powder
1/4 tsp. (2 mL) salt
1/2 cup (125 mL) water or milk
1/4 cup (60 mL) canola oil
1 large egg
2 Tbsp. (30 mL) honey
1 tsp. (5 mL) cinnamon
1/4 cup (60 mL) finely chopped walnuts or pecans (optional)

Cream cheese drizzle (optional):
1/4 cup (60 mL) light cream cheese
1-2 Tbsp. (15-30 mL) milk or water

Preheat oven to 350°F.

In a large bowl, combine flour, baking powder and salt. In a small bowl stir together water, oil and egg. Add to the dry ingredients and stir just until you have a soft dough.

On a lightly floured surface, roll or pat the dough into a rectangle that measures roughly 8×14-inch. Drizzle with honey and sprinkle with cinnamon and nuts, if using. Starting from a long edge, roll up jelly-roll style and pinch the edge to seal. Using a sharp serrated knife or (even better) dental floss, slice half an inch thick and place slices cut side down on a cookie sheet that has been sprayed with nonstick spray.

Bake for about 15 minutes, until springy to the touch. Wait until they have cooled completely before you spread them with cream cheese. Makes about 2 dozen biscuits. Store extra in a tightly covered container or freeze. If they are frosted, store the container in the fridge.

Upcoming Events

**Annual Fall Luncheon –
Sunday, October 27, 2013
Sunnehanna Country Club
Club Drive, Westmont, PA 15905**

Donation \$30.00

Doors open at: 12:00 Noon

Lunch at 1:30 p.m.

Door Prizes – Chances on Lovely Gifts
–Animal Novelties

**GUEST SPEAKER FROM
OPERATION PIT BULL**

**Petco Adoption Days
Johnstown Petco 11-2 pm**

**October 5-6, 2013
November 9-10, 2013
December 7-8, 2013**

**Spring Basket Party
Sunday, March 30, 2014
Richland Fire Hall
Doors Open 11:30
Drawing Begins @ 2:00
Light Lunch will be served**

Over 100 baskets with a value of \$25.00
and higher

Money Tree & Lottery Tree

Admission: \$7.00 includes
25 basket chance tickets
and a light lunch

Additional sheets of 25 basket chances can
be purchased for \$5.00

Hurry to get your tickets as they sell out
quickly for this event!

For advance tickets please call:

Jackie – 814-242-6403

Lindsay – 814-418-2393

Kathi – 814-242-6792

Watch...For...More...Details...About...

Nardecchia's 3rd Annual Funny Fund Raiser coming In May of 2014....

You don't want to miss this event!

Links we love:

<http://www.thepuppyrescuemission.org/>

http://theanimalrescuesite.greatergood.com/clickToGive/ars/home?ThirdPartyClicks=ERA_071913_ARS_logo

<http://www.peta.org/>

Nardecchia is creating a special 'Holiday Edition' newsletter featuring pet pictures. If you would like your pet featured in the 'Holiday Edition' please email your pet's photo and name to Jackie@nardecchia.org Thanks!!!!

Crunchy Tuna Cat Treats

Makes about 3 dozen treats

- 1 (5 ounce) can tuna, no salt added and packed in water, drained
- 1 cup oat flour*
- 1 large egg
- 1 tablespoon olive oil
- 1 heaping tablespoon dried catnip

*It's easy to make your own oat flour. Simply grind old-fashioned oats in a spice grinder (or a super clean coffee grinder) until it is transformed into a light powder. There you have it — oat flour!

1. Place a rack in the upper third of the oven and preheat oven to 350 degrees F. Line a baking sheet with parchment paper and set aside.
2. In the bowl of a food processor fitted with a blade attachment, combine drained tuna, oat flour, egg, olive oil and catnip. Blend until mixture is smooth. It will be thick but pliable and not terribly sticky.
3. Roll dough into 1/2 teaspoon balls and place on prepared cookie sheet. Use a skewer to press an X-shape into each cookie ball.
4. Bake cookies for 10 to 12 minutes until they are dried on top and slightly browned. Allow to cool completely before offering to your kitty.
5. Place treats in an airtight container and store in the refrigerator for up to seven days.

"I have developed a deep respect for animals. I consider them fellow living creatures with certain rights that should not be violated any more than those of humans."

Jimmy Stewart

Do you have a story about how Nardecchia has helped you or a friend with a pet, or just an interesting article that you would like to share for our next newsletter?

Contact Jackie Williamson, Nardecchia volunteer and President at (814-242-6403)

or Jackie@nardecchia.org

Hanging
around to
say Hi!!!



About Us!

Nardecchia Spay Neuter's mission is to battle the canine & feline overpopulation problem in the Cambria & Somerset Areas.

We can achieve this goal by financially assisting low income persons and providing help to stray, abandoned, and homeless animals.

Vouchers will be made available to approved persons and redeemed by certified veterinarians. Help is granted on an individual basis according to the amount of funds available.

How We Can Help?

Do you have a pet or know of a cat or dog that is in need of spaying or neutering?

Have you rescued or have litter after litter and can't find homes?

Do you have extenuating circumstances and are not able to fix your pet?

If you need help and have nowhere to turn, call and see if we can help you!

For More Information Write or Call

Nardecchia Spay Neuter Fund

131 Damian Drive

Johnstown, PA 15905

814-535-2379

Email: info@nardecchia.org

Please do not email requests for financial assistance.

Your membership is greatly appreciated... already a member?

Please share with a friend!

✂-----✂

Nardecchia Spay Neuter Fund Membership Form

Checks Payable to Nardecchia Spay Neuter Fund

131 Damian Drive

Johnstown, PA 15905

2013 Annual Dues: \$10.00

- Name _____
- Address _____
- _____
- Telephone _____
- E-mail _____
- _____ I would like to make a basket for the basket party held on the first Sunday of April
- _____ I would like to make a basket for the basket party held on the last Sunday of September
- _____ I would like to attend the luncheon at Sunnehanna Country Club held on the last Sunday of October
- _____ I would like to sell tickets for our fundraisers
- _____ I would like to be informed of meetings and help the group
- _____ I would like to donate a scratch off PA lottery ticket
- _____ I would like to receive the quarterly newsletter